



AO Course

7th Nordic Advanced Trauma Course

Preliminary Program
3rd – 7th May, Bergen, Norway

2010





Course venue and accommodation

Course venue

Solstrand Hotel & Bad, Bergen, Norway

Accommodation for participants

Solstrand Hotel & Bad, Osøyro, 5200 Bergen

Tel: +4756571100

Fax: +4756571150

e-mail: hotel@solstrand.com

Events during the course:

Get together

Course dinner and sightseeing on a fjordboat.

Sightseeing in Bergen

FOR REGISTRATION FORM:

AO Education

Mustadsvei 1

0283 Oslo

Norway

Regional AO Board

E-mail: norway@ao-courses.com

Contact person:

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COURSE FACULTY

The faculty for this course is composed of international and national surgeons.

National course chairperson

Olav Røise	Oslo University Hospital, Ullevål	Oslo	Norway
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International faculty

John Keating	Spire Murrayfield Hospital	Edinburgh	Scotland
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National faculty

Olav Røise	Oslo University Hospital, Ullevål	Oslo	Norway
Jan Erik Madsen	Oslo University Hospital, Ullevål	Oslo	Norway
Knut Strømsøe	Oslo University Hospital, Aker	Oslo	Norway
Kjell Matre	Haukeland University Hospital	Bergen	Norway
Gunnar Flugsrud	Oslo University Hospital, Ullevål	Oslo	Norway
Martinus Bråten	St. Olavs Hospital	Trondheim	Norway
Torstein Husby	Oslo University Hospital, Ullevål	Oslo	Norway
Robert Buciuto	St. Olavs Hospital	Trondheim	Norway

Nordic faculty

Jan Tidermark	Capio St. Görans Hospital	Stockholm	Sweden
Hans Törnqvist	Södersjukhuset	Stockholm	Sweden
Michael Möller	Sahlgrenska Universitetssykehuset	Mölnådal	Sweden
Jan Lindahl	Helsinki University Central Hospital	Helsinki	Finland
Jan-Magnus Björkenheim	Helsinki University Central Hospital	Helsinki	Finland
Heikki-Jussi Laine	Tampere University Hospital	Helsinki	Finland
Henrik Grønberg	Rigshospitalet	Copenhagen	Denmark
Morten Schultz Larsen	Odense University Hospital	Odense	Denmark
Erik Tøndevold	Rigshospitalet	Copenhagen	Denmark



Course Objectives

Structure

This course provides fundamental knowledge in the operative treatment of fractures according to the AO Principles

Structure of the course:

- Lectures
- Practical exercises
- Discussions

Content

General:

- Tissue viability and injury effect
- Spectrum of stability
- Techniques for reduction and fixation
- Infected fractures
- Bone defects

Foot and ankle

- The traumatized diabetic foot and ankle
- Talus fractures
- Ankle fractures – an update
- Calcaneal fractures
- Lisfranc injuries

Lower leg

- Difficult fractures of the tibial plateau
- Distal tibia, tibia plafond fractures
- Open leg fractures
- The mangled extremity. Amputation or reconstruction

Femur

- The trochanteric fracture – how to avoid reoperations
- Subtrochanteric fractures
- Fractures of the distal femur
- Fractures around hip and knee joint replacements
- How to avoid complications in femoral nailing

Polytrauma, pelvis, acetabulum

- Initial treatment of the polytraumatized patient
- Damage Control Orthopaedics
- The anatomy of pelvic stability
- Pelvic injuries
- Acetabular fractures

Spine

- Stability of the injured spine
- How to clear the injured spine

Upper extremity

- Scapular fractures
- Clavicular fractures
- Dislocations of the clavicular joints
- Fractures of the proximal humerus
- Nerve injuries associated to trauma of the upper extremity
- Fracture-dislocations of the elbow
- Update on fractures of the distal radius



Course information

Security

It is compulsory to wear your badge during the course for lectures and workshops.

Portable telephones

Please note that it is not permitted to use portable telephones in lecture halls and in workshop rooms.

Information desk

Will be open daily during course hours.

Insurance

Participants are not insured by the course organizers against accidents or other risks. Personal belongings left in the hotel are the responsibility of the individual participant.

Included in the course fee

Conference bag with documentation
Coffee breaks, lunches, course banquet
Course certificate

Transport

The participants will be picked up by bus at Flesland Airport, Bergen, Sunday afternoon. Return to Flesland Airport Friday afternoon. Information about bus departure will be ready later.

Dress code

Casual

Course language

The lectures will be held in English. In group discussions and practical exercises we will speak your language if it's native.

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